

FREE SEMINAR

Date: Sunday, August 23, 2009

Time: 9:00 am-12:00 noon.

Exercise: Qi Gong

***Topic: Nature Hike at
Wahclella Falls***

Speakers: Chiaoli Lu and Kamto Lee

9:00am meet in the Bonneville Fish Hatchery parking lot. (Highway 84, Go east and take Exit #40 and turn left.

Bring something for a Potluck Lunch

Wahclella Falls, near Bonneville Dam

Highlights:	An easy hike along a creek to a beautiful falls and a place to play in the water
Near:	Bridal Veil, OR
Scenery:	☆☆☆☆
Distance:	2 miles round trip
Elevation Gain:	222 ft
Hike Time:	1 hours
Difficulty:	Easy
Trail Condition:	Well maintained trail

